# Teaching Tool 3 – Guided Reflection and Discussion

CanMEDS Health Advocate

## Recognizing health advocacy

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Completed by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Complete the table below, providing specific details from your clinical practice over the past month.

|  |  |  |
| --- | --- | --- |
| Clinical location(include details about when, where, how long, type of service) | Community details about patients in this clinical location (e.g. determinants of health) | **Common, frequent problems** (experienced by YOUR patients during this clinical experience) |
| 1. |  |  |
| 2. (complete this second row if you practise at two different clinical locations) |  |  |

1. Think back to one or two specific patients from a clinical location from the table above and describe features of their need for health advocacy and/or your health advocacy actions. You may find the table of trigger words below useful.

| **Patient** | Describe the **health needs** that this patient in this community or clinical location identified in collaboration with you  | Describe the **health advocacy action(s)** that you and the health care team completed with this patient in this community or clinical location | **What was the purpose of the action(s)?** |
| --- | --- | --- | --- |
| To advocate for health care services or resources | To advocate for healthy behaviours | To incorporate disease prevention, health promotion, or health surveillance into the patient’s care |
| “X” |  |  |  |  |  |
| “Y” |  |  |  |  |  |

|  |  |
| --- | --- |
| RECOGNIZE health advocacy when you are doing these actions | RECOGNIZE health advocacy when you are discussing these topics |
| • Advise• Assist• Empower• Encourage• Facilitate• Influence | • Justify• Liaise• Navigate• Negotiate• Recommend• Support | • Access • Barriers• Competing needs• Health behaviours• Health literacy • Health promotion• Literacy  | • Policy• Poverty• Prevention• Risk factor modification• Safety• Social environment• Surveillance |