# Teaching Tool 3 – Guided Reflection

CanMEDS Scholar

## Planning for Learning

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Completed by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Review the questions below and consider how you would answer them.

### Learning

* How do you like to learn?
* How do you know what is expected of you as a learner?
* What motivates you to learn?
* What sorts of things help you improve your performance?
* Describe a supportive/safe learning climate. How important is this to you as a learner?
* Do you find it easy to ask for feedback? Who do you ask for feedback?
* Any top line lessons for you as learner?

### Teaching

* Who are your learners?
* Are there types of learners you find easier or more enjoyable to teach? Why do you think that is?
* How do you like to teach in the clinical setting?
* What are some ways you motivate or support your learners?
* How do you improve the performance of your learners?
* How can you be ‘learner centred’?
* How do you provide a supportive/safe learning climate for your learners?
* Do you find it easy to provide feedback? If you were to give tips on providing feedback to a colleague, what three things would you tell them?

If working with others discuss your responses as a group.

In the space provided below, write down what you learned from this exercise and describe how it will change how you learn and/or how you teach.