Nature and Nurture: How learning style and environment can optimize plastic surgery education in Canada

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Why

Education optimization
Why

Environment

Innate learning preferences
Why

Environment

Teaching strategies

Learning style

Innate learning preferences
Why

Environment

Innate learning preferences

Shame-based learning

Learning style
How

- Kolb Learning Style Inventory
- Shame inventory
What – Shame-based learning

Have been shamed
What – Shame-based learning

Loss of self-confidence  Poor job performance

Have been shamed
What – Shame-based learning

Have been shamed

Loss of self-confidence  Poor job performance

11% feel shame is necessary in residency training
What – Learning style

- Convergent
- Divergent
- Assimilative
- Accommodative
- Other
What – Learning style

Practical learners
What does this mean?

Shame-based learning

Learning style

Have been shamed

Practical learners
What does this mean?

Nature
Nurture
What does this mean?

Environment
Learning style
Thank you