SimTrek
SimTrek: CanMEDS

Starring: Jena Hall – PGY-4, Queen’s University and Natalie Kijek, Nurse Educator, TOH with Natalie Joy Quesnel as SP

Adam Garber & Glenn Posner
Sep 27, 2019
We do not have an affiliation (financial or otherwise) with a pharmaceutical, medical device or communications organization, but Glenn & Natalie Joy work for the Royal College.

Nous n’avons aucune affiliation (financière ou autre) avec une entreprise pharmaceutique, un fabricant d’appareils médicaux ou un cabinet de communication, mais nous travaillons pour le Collège Royal.
Warning: Please note that this session may feature sensitive content that may be offensive or disturbing for some attendants. Issues of a sexual nature, gender equality, and emotionally charged ethical dilemmas are some of the topics that will be covered during this plenary.

Resources are available onsite immediately after the session for debriefing. Please visit the Registration Desk in Rideau Canal Atrium, Shaw Centre for more information.
Jena was pre-briefed!

• Performing in front of hundreds of people is stressful!
• She will try to treat the patient as she would in real life, but it’s hard in front of all of you and knowing it’s a simulation;
• We believe that Jena is intelligent, capable and trying her best;
• Jena can choose to “time-out” or “phone a friend” at any time;
• Natalie Joy is a simulated patient from the Royal College and she’s marvelous!
• Natalie Kijek is a nurse educator in L&D at the Civic Hospital in Ottawa and she’s also marvelous! She is NOT aware of the scenario...
What does Jena know?

• You are the Obstetrician starting your shift and Dr. Posner is handing over to you;
• There is only one patient in labour: she is not progressing, and her tracing is abnormal;
• Irina is a 25-year-old recent Polish immigrant who apparently did not know she was pregnant until she presented in labour. She is unaccompanied;
• Her cervix has been 6cm dilated for the last 4 hours. She has a well-functioning epidural;
• After handover, you should go see Irina and obtain informed consent for a cesarean section.
• Late decelerations, minimal variability
• This tracing is abnormal and this fetus needs to be delivered expeditiously;
• The patient is not fully dilated, so cannot have a vaginal delivery

This is what Jena is seeing on the monitor and responding to...
PEARLS* Framework for debriefing

- Reactions phase today
- The rest of the debriefing tomorrow afternoon!
Objectives - traditional

• Obtain informed consent for a surgical procedure
• Establish a therapeutic alliance with a patient who has different values than expected (advocacy, communicator)
• Advocate for a woman who is the victim of human trafficking
Objectives – CBD

Core EPA 2 Managing patients with acute conditions presenting in the antenatal and perinatal period

• Core EPA 2.4 ME 1.7 Adapt care as the complexity, uncertainty, and ambiguity of the patient’s clinical situation evolves;
• Core EPA 2.7 ME 2.4 Develop and implement patient-centred management plans that consider all of the patient’s health problems and context;
• Core EPA 2.9 COM 1.1 Communicate using a patient-centred approach that facilitates patient trust and autonomy and is characterized by empathy, respect, and compassion;
• Core EPA 2.10 COM 1.3 Recognize when the values, biases, or perspectives of patients, physicians, or other health care professionals may have an impact on the quality of care, and modify the approach to the patient accordingly;
• Core EPA 2.11 COM 3.1 Convey information about diagnosis and prognosis clearly and compassionately.
Mark your calendars

November 7–8,
Winnipeg, Canada

Simulation at the Forks: Diversity becomes mainstream
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