

*These training requirements apply to those who begin training on or after July 1, 2021.*

## **ELIGIBILITY REQUIREMENTS TO BEGIN TRAINING**

Royal College certification in Psychiatry.

**OR**

Eligibility for the Royal College examination in Psychiatry.

**OR**

Registration in a Royal College-accredited residency program in Psychiatry. (See requirements for these qualifications.)

A maximum of one year of training may be undertaken during concurrent training for certification in Psychiatry.

## **ELIGIBILITY REQUIREMENTS FOR EXAMINATION<sup>1</sup>**

All candidates must be Royal College certified in Psychiatry in order to be eligible to write the Royal College examination in Geriatric Psychiatry.

The following training experiences are required, recommended, or optional, as indicated.

## **TRANSITION TO DISCIPLINE (TTD)**

*The focus of this stage is orientation to the context of geriatric psychiatry practice, including the settings of care, patient frailty, and personal safety aspects of working in geriatric psychiatry settings. This stage includes verification of the knowledge and skills of Psychiatry.*

### **Required training experiences (TTD stage):**

1. Clinical training experiences
  - 1.1. Any geriatric psychiatry setting with new assessments and/or consults

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<sup>1</sup> *These eligibility requirements do not apply to Subspecialty Examination Affiliate Program (SEAP) candidates. Please contact the Royal College for information about SEAP.*

2. Other training experiences
  - 2.1. Orientation to the program, including policies, resident resources, program portfolio, learning resources, and assessment system
  - 2.2. Orientation to the institution and the university
  - 2.3. Orientation to local systems of older adult care
  - 2.4. Formal instruction in the basic and clinical sciences of Geriatric Psychiatry

**Recommended training experiences (TTD stage):**

3. Clinical training experiences
  - 3.1. Participation in family meetings

**FOUNDATIONS OF DISCIPLINE (F)**

*The purpose of this stage is to add a solid base of knowledge and skills in providing care for older adults to the skill set developed in Psychiatry. This includes skill in performing cognitive assessment and physical examination relevant to the older adult. It also includes assessing medical co-morbidities, functional status, and common medical presentations in older adults. At the end of this stage, the resident will be able to complete a comprehensive geriatric psychiatry assessment, including relevant psychiatric, medical, social, and functional issues, and risk assessment.*

**Required training experiences (Foundations stage):**

1. Clinical training experiences
  - 1.1. Geriatric Psychiatry in one or more of the following clinical settings:
    - 1.1.1. Inpatient
    - 1.1.2. Outpatient
    - 1.1.3. Outreach, in any of the following settings:
      - 1.1.3.1. Home visits
      - 1.1.3.2. Assisted living facilities
      - 1.1.3.3. Long-term care facilities
  - 1.2. Any service providing medical care for older adults, such as a geriatric medicine or care of the elderly service, in one or more of the following settings:
    - 1.2.1. Inpatient
    - 1.2.2. Outpatient
    - 1.2.3. Assisted living or long-term care facilities
  - 1.3. Participation in family meetings
2. Other training experiences
  - 2.1. Formal instruction in the basic and clinical sciences of Geriatric Psychiatry
  - 2.2. Initiation of scholarly research, quality assurance, or educational activity
  - 2.3. Supervision and assessment of junior learners

- 2.4. Participation in critical appraisal activities, such as journal club

**Recommended training experiences (Foundations stage):**

3. Clinical training experiences
  - 3.1. Geriatric Medicine

**Optional training experiences (Foundations stage):**

4. Clinical training experiences
  - 4.1. Memory clinic
  - 4.2. Psychiatry consultation liaison service
  - 4.3. Neuroimaging
  - 4.4. Neurology
  - 4.5. Palliative care service
  - 4.6. Other experiences in the medical care of the older adult
  - 4.7. Clinical services related to defined learning needs based on individual interest, career plan, and/or competencies

**CORE OF DISCIPLINE (C)**

*This stage focuses on the breadth of geriatric psychiatry practice, including varied settings of care and the full range of complex cases and situations. Residents also engage in scholarly work, contribute to teaching responsibilities, and participate in clinical administrative and leadership activities.*

**Required training experiences (Core stage):**

1. Clinical training experiences
  - 1.1. Geriatric Psychiatry in all of the following settings:
    - 1.1.1. Inpatient service, which may be a designated geriatric psychiatry unit, psychiatry unit, and/or consultation to other inpatient settings
    - 1.1.2. Outpatient
    - 1.1.3. Outreach, including all of the following settings:
      - 1.1.3.1. Home visits
      - 1.1.3.2. Assisted living facilities
      - 1.1.3.3. Long-term care facilities
    - 1.1.4. Telephone consultations
  - 1.2. Leading family meetings
2. Other training experiences
  - 2.1. Formal instruction in the following topics:
    - 2.1.1. Basic and clinical sciences of Geriatric Psychiatry
    - 2.1.2. Patient safety and quality improvement

2.1.3. Legislation relevant to Geriatric Psychiatry

- 2.2. Participation in quality assurance/improvement activities
- 2.3. Participation in committee work
- 2.4. Participation in critical appraisal activities, such as journal club
- 2.5. Progression of work in scholarly activity
- 2.6. Provision of teaching to a variety of audiences

**Recommended training experiences (Core stage):**

- 3. Clinical training experiences
  - 3.1. Geriatric Psychiatry
    - 3.1.1. Inpatient geriatric psychiatry unit
    - 3.1.2. Telehealth
    - 3.1.3. Specialized inpatient unit, such as a behavioural support unit for dementia and/or tertiary care dementia unit

**Optional training experiences (Core stage):**

- 4. Clinical training experiences
  - 4.1. Psychiatry consultation liaison service
  - 4.2. Geriatric psychiatry day hospital
  - 4.3. Memory clinic
  - 4.4. Psychiatric rehabilitation unit
  - 4.5. Assertive community treatment team (ACTT)
  - 4.6. Shared care setting, such as in a wellness centre or primary care physician clinic
  - 4.7. Clinical services related to defined learning needs based on individual interest, career plan, and/or competencies

**TRANSITION TO PRACTICE (TTP)**

*The focus of this stage is the consolidation of skills required for practice; this includes priority and time management and the integration of all aspects of clinical care as well as clinical leadership, supervision, and administrative tasks. This stage also focuses on preparation for the non-clinical aspects of practice management with instruction in areas of administrative and professional responsibility, including billing and office management, and the development of plans for lifelong learning and professional development.*

**Required training experiences (TTP stage):**

- 1. Clinical training experiences
  - 1.1. Geriatric Psychiatry in any clinical setting, in the role of junior attending<sup>2</sup>
    - 1.1.1. Inpatient service, which may be a designated geriatric psychiatry unit, psychiatry unit, and/or consultation to other inpatient settings

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<sup>2</sup> "Junior attending" means that the resident assumes responsibility for patient care, and leadership in the education and clinical supervision of junior colleagues, with as much independence as permitted by ability, law, and hospital policy.

- 1.1.2. Outpatient
- 1.1.3. Outreach, in any of the following settings:
  - 1.1.3.1. Home visits
  - 1.1.3.2. Assisted living facilities
  - 1.1.3.3. Long-term care facilities
2. Other training experiences
  - 2.1. Completion and presentation of scholarly work
  - 2.2. Formal instruction in the following topics:
    - 2.2.1. Practice management, including
      - 2.2.1.1. Billing codes and responsible billing practices
      - 2.2.1.2. Financial planning
      - 2.2.1.3. Licensing, regulatory, and medico-legal requirements
    - 2.2.2. Continuing professional development (CPD) requirements

## **CERTIFICATION REQUIREMENTS**

Royal College certification in Geriatric Psychiatry requires all of the following:

1. Royal College certification in Psychiatry;
2. Successful completion of the Royal College examination in Geriatric Psychiatry; and
3. Successful completion of the Royal College Geriatric Psychiatry Portfolio.

## **NOTES:**

*The Geriatric Psychiatry Portfolio refers to the list of entrustable professional activities across all four stages of the residency Competence Continuum, and associated national standards for assessment and achievement.*

## **CREDIT FOR TRAINING IN THE UNITED STATES OF AMERICA**

*All candidates for the Royal College Geriatric Psychiatry examination must have Royal College certification in Psychiatry.*

- *Graduates of an accredited Royal College program in Psychiatry and an Accreditation Council for Graduate Medical Education (ACGME) program in Geriatric Psychiatry will be eligible for the Royal College Geriatric Psychiatry examination.*
- *Graduates of a 4-year ACGME program in Psychiatry and a 2-year ACGME program in Geriatric Psychiatry will be eligible for the Royal College Geriatric Psychiatry examination.*
- *Graduates of a 4-year ACGME program in Psychiatry and a 1-year ACGME program in Geriatric Psychiatry who have completed a minimum of one year of geriatric psychiatry practice in the United States or Canada will be eligible for the Royal College Geriatric Psychiatry examination. The one year of geriatric psychiatry practice must meet the scope of practice and percentage of practice requirements for the Royal College Practice Eligibility Route for Subspecialists (PER-sub) in Geriatric Psychiatry.*

## **MODEL DURATION OF TRAINING**

*Progress in training occurs through demonstration of competence and advancement through the stages of the Competence Continuum. Geriatric Psychiatry is planned as a 2-year residency program. There is no mandated period of training in each stage. Individual duration of training may be influenced by many factors, which may include the resident's singular progression through the stages, the availability of teaching and learning resources, and/or differences in program implementation. Duration of training in each stage is therefore at the discretion of the faculty of medicine, the competence committee, and the program director.*

### **Guidance for programs**

*The Royal College Specialty Committee in Geriatric Psychiatry's suggested course of training, for the purposes of planning learning experiences and schedules, is as follows:*

*2-4 weeks in Transition to Discipline*

*5-9 months in Foundations of Discipline*

- It is strongly recommended that this period include at least one month of a service providing medical care of older adults, such as a geriatric medicine or care of the elderly service.

*12-16 months in Core of Discipline*

*2-3 months in Transition to Practice*

### **Guidance for postgraduate medical education offices**

*The stages of the Competence Continuum in Geriatric Psychiatry are generally no longer than*

*1 month for Transition to Discipline*

*9 months for Foundations of Discipline*

*16 months for Core of Discipline*

*3 months for Transition to Practice*

*Total duration of training – 2 years*

This document is to be reviewed by the Specialty Committee in Geriatric Psychiatry by December 31, 2022.

*Drafted – Specialty Committee – November 2019*

*Approved – Specialty Standards Review Committee – January 2020*

*Finalized – Specialty Committee and Office of Specialty Education – February 2020*