# Assessment Tool 4 - Assignment

CanMEDS Collaborator

## Collaborator Quotient

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### Instructions for learners:

* The purpose of this exercise is to help you reflect on your impact on group dynamics in a recent situation or clinical setting.
* Thoughtful reflection can lead to improvement.
* Focus is not on ‘correct’ score, but to identify ways to improve you ‘collaboration quotient’
* Be prepared to discuss at next meeting

Insert your name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Describe your role/responsibilities in this location:

Describe the Rotation/Site/Organization: (include details about when, where, how long, type of service)

### Collaborator Quotient: Calculate your personal “score”

| Do you… | 0Noor rarely | 1Occasionally or sometimes | 2Often or mostly | 3Always | Notes or examples |
| --- | --- | --- | --- | --- | --- |
| I genuinely appreciate the role and contribution of others.  |  |  |  |  |  |
| I demonstrate a respectful approach – even when things aren’t going well or not going as I wish. |  |  |  |  |  |
| I introduce myself to people.  |  |  |  |  |  |
| I clarify if I don’t understand what is being said. |  |  |  |  |  |
| I develop positive, trusting relationships. |  |  |  |  |  |
| I work to be aware of the difference between myself/others ‘intention’ and myself/others ‘impact’ I work to ensure the impact of my behaviour on others is aligned with my intentions  |  |  |  |  |  |
| I apologize with ease and sincerity.  |  |  |  |  |  |
| I use both my preferred style to work in teams and flexibly use other styles if it is better suited to the situation. |  |  |  |  |  |
| I ask for feedback regularly.  |  |  |  |  |  |
| I say please and thank you. |  |  |  |  |  |
| YOUR TOTAL |  |  |  |  |  |

### Areas for improvement

Area(s) for improvement over the next three to four weeks?

What will improvement look like?